



HUSSEIN A. ELKOUSY, M.D.,P.A.  
PRE-OPERATIVE INSTRUCTIONS

**Patient:**

- 1) Your surgery has been scheduled on \_\_\_\_\_. We will call you with an arrival time a couple of days prior to surgery.
- 2) You need to pre-register for surgery at the hospital at least a week before your surgery at the Pre-Admit Department on the 3<sup>rd</sup> Floor. Their number is 713-794-3525. They are open from 8:00a.m.-5:30 p.m. (except holidays). They accept walk-ins or you can call to schedule an appointment. This must be done prior to your surgery. It is an interview with the anesthesiology department and if you are not medically cleared, your surgery date may be postponed.
- 3) On the day of SURGERY, you will need to come to the 2<sup>nd</sup> floor (right off the elevator). Check in at the surgery front desk.
- 4) Do not eat or drink anything after midnight the night before surgery. If you do eat or drink, this will likely result in cancellation of your surgery.
- 5) Bring containers or carriers for glasses or contact lenses as they will be removed for surgery.
- 6) You will not be allowed to drive yourself home after surgery. Please make arrangements for someone to drop you off and pick you up or have someone wait at the hospital until you are ready to depart.
- 7) Plan to be at the hospital several hours for outpatient procedures and do not make any other plans on the day of surgery.
- 8) Please call the office with any other questions regarding your surgery. Please call Juli at (713)799-2300x3653 or email: [jz700@fondren.com](mailto:jz700@fondren.com)
- 9) Your first follow up appointment after surgery should be scheduled 7-14 days after your surgery. The office staff will call you 2 days prior to the procedure to schedule the appt.
- 10) For your convenience the post op medications can be called in to your pharmacy the day before your surgery. Please give the office staff your pharmacy's name and phone #.
- 11) If you have any problems with the pain medicine, please try to call our office during business hours to rectify the problem. Any calls after business hours goes to the on-call physician and will most likely result in you being asked to wait until the next business day for any intervention.
- 12) Please feel free to visit our website at [www.elkousysportsmd.com](http://www.elkousysportsmd.com) for more information.